

Hollard Cigna Health

We Are Stronger Together



HEALTH INSURANCE FOR INTERNATIONAL SCHOOLS IN AFRICA

Easy access to healthcare in Africa



A partnership between **Hollard.** and  **Cigna.**

Offering unique global health benefits to teachers and their families at International Schools.

Our deep-rooted understanding of each African country's healthcare environment, combined with a strong "on-the-ground" presence developed over 60 years of operating on the continent, give us profound insights into what makes for a successful African health insurance plan.

Regardless of where you are operating in Africa, and whether you are looking to cover key local staff or expatriates or both, Hollard Cigna Health offers you a combination of health insurance plans that provides you with optimized coverage for your budget. From plans that provide expatriates with cover wherever they are in the world, to plans combining local and best-in-Africa cover, our premium product suite covers all eventualities when it comes to addressing your particular health insurance requirements. But no matter what combination you choose, you'll always get access to the most experienced and committed health insurance professionals in Africa.

We also proudly maintain full compliance with local regulations in each country in which we operate, ensuring that your health insurance plan contributes to the development of local economies and communities and sparing you the legal complications associated with non-compliance.

Hollard Cigna Health Standard Benefits

- › In-patient and out-patient treatment
- › Medical evacuation benefits
- › HIV / AIDS treatment
- › Child birth benefits
- › Cancer treatments
- › Travel vaccinations/ preventative medication
- › Covid-19 coverage

World-class health insurance with a local heartbeat



- › With a network of over 2,100 top-quality healthcare providers in Africa and 1.5 million across the globe
- › Dedicated staff servicing more than 250,000 members across Africa and over 180 million worldwide
- › Coverage in all 54 African countries
- › Local team managing your health from A to Z
- › We know Africa and adhere to local regulations across the continent



Stefan is a headteacher who got a job in a school in the outskirts of Kigali in Rwanda. He was on a 5-year contract and brought his family with him. Three months into his tenure, his child began to experience severe stomach pains and was diagnosed with a serious condition.

How we can help

Stefan called our 24-hour Service Centre. We connected him with a physician who helped him locate an urgent care centre close by, as well as the name of a reputable hospital close to where Stefan and his family were living. We assigned a case manager to help coordinate care to ensure his son received appropriate treatment. After the child was treated in the hospital, we followed up with the family on a regular basis to make sure they were able to get the necessary medications and treatments.

Stefan's son recovered quickly, and Stefan was able to remain on assignment, knowing that appropriate care was available locally.

We enable access to quality healthcare in Africa.



Your staff are your most important assets, and when they are ill or injured, they deserve the best possible healthcare, regardless of the state of medical infrastructure in the country in which they find themselves. That is why we harness our extensive African provider network to optimize their access to local and international care. Our proprietary technology solutions help improve the speed and quality of healthcare delivery and our passionate support teams are committed to getting your staff back on track, healthier and even more productive than before.

We make it easy for you.

- › 24/7/365 multilingual customer service
- › Dedicated client management team
- › Seamless and personalized on-boarding experience
- › Expert remote medical review and second opinions
- › Fast & professional evacuations wherever you are
- › Digital tools and solutions to make managing your health simple

Why Hollard Cigna Health?

- › Flexible and compliant plans designed for your needs
- › Direct settlement capabilities, help to minimize out-of-pocket expenses
- › Clinical resources for outreach, co-ordination and intervention
- › Coverage benefits available for members and their dependants both in Africa and their home countries
- › Coverage for routine and well-care visits and prescriptions
- › Health and Wellness programmes
- › Telehealth



Sarah from Bristol, UK

Sarah is an art & history teacher about to embark on a semester-long teaching assignment in Abuja, Nigeria. She has type 1 diabetes and is concerned about how to manage her condition, and whether she can get her medications while she's away.

How we can help

Our clinical services team discuss with Sarah the medications that will be available to her while she's in Nigeria, including the brand names of the drugs. We also explain that if she can't find the medications locally in Nigeria, she can order them through customer service or her case manager and have them shipped directly to her from the United Kingdom. We also give Sarah a detailed list of diabetes specialists who work close to where she'll be living in Abuja, whom she can visit if she needs help managing her condition while she's away.

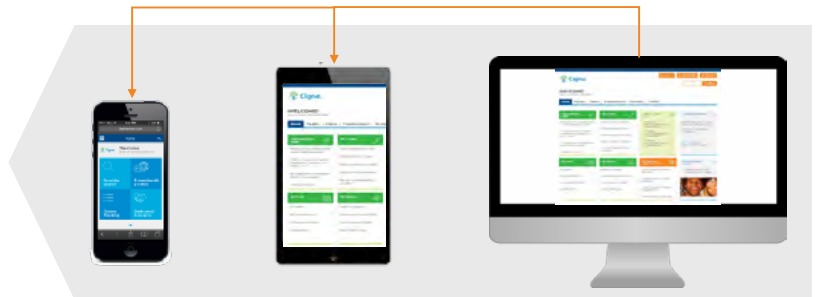
Digital tools and solutions.

Making managing your health simple.

We listen, learn and adapt to deliver quality access to care. For this we have developed tools and solutions to make it easy for your teachers.



Member App & Portal



Any time, anywhere, any device

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www.cignahealthbenefits.com - Plan members

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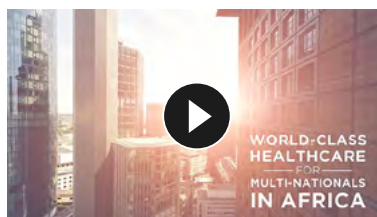
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Video tutorials



To learn more about who we are, [click here.](#)

Holland Cigna Health for International Schools

Find out more how Holland Cigna Health can support International schools - contact your broker or email africa@cigna.com

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